

Why Get Schooled on Concussions?

- Because students will still get concussions, even in this time of COVID-19
- Because educators will still need to help students recover from their concussion, even when educators are stretched to the max with COVID-19 plans
- Because providing immediate, flexible and relevant academic support for a student struggling at school (from any medical or psychological condition, including concussion) is what we already do (so well!) for so many students, in all of our schools
- Because Return to Learn must be School-Based and School-Directed and can easily fall under the
 protections of the existing educational framework known as Multi-Tier System of Support (MTSS)
 or Response to Intervention (RTI)
- Because concussions don't just happen to student-athletes, concussions happen to everyday students
- Because all students must return to learn, even if they do not return to sports
- Because all students must return to school and learn even if parents choose not to have the concussion treated by a healthcare provider
- Because schools have always been and must always be places of support and success, no matter what!

That is why we wrote Get Schooled On Concussions for you, the Educator!

In order for students with concussion to get immediate and flexible support at school, classroom teachers need to be our First Responders for RTL. Much like a public health model where early and widespread identification, education and support occurs at the Universal/Primary Level, yielding an 80 to 90% intervention and prevention rate, RTL in the classroom setting will help our students feel better symptomatically so they can grow academically.

The existing educational framework of Multi-Tier System of Support (MTSS) or Response to Intervention (RTI) is the natural way for schools to support students with concussion. Applying concussion to MTSS and/or RTI allows educational settings to become empowered and independent in managing RTL for concussion – leading to:

- decreased reliance upon healthcare providers (that may or may not be involved per the family's choice)
- support for all students with concussion, not just athletes
- quick and flexible adjustments in the classroom (Tier 1)
- a built-in safety net for longer or more involved academic support (via Tier 2 supports)
- capacity building and long-term sustainability of RTL policy and procedures in schools





Get Schooled on Concussions

Training Pyramid



Return to Learn: A Schooled-Based and School-Directed RTL Protocol

Tier 3/Intensive Level

Student Need: Students with moderate to severe level of TBI with need for specialized programming or academic modifications via Individualized Education Plan (IEP) A few students with severe TBI will need interventions @ Tier 3/Intensive Level (aka Special Education)

School-based training: follow your state TBI process.

In Colorado, we use:
• CDE Building Blocks
Supported on-line by:

www.COKidswithbraininjury.com

Tier 3/Intensive Level

Staff Audience: Related Service Providers school nurses, school mental health, OT/P, SLP, counselors, special educators, admin assessing for IDEA or special education

Tier 2/Targeted Level

Student Need: Students with mTBI/ concussion experiencing atypical recovery of > 4+ weeks or students with moderate TBI and need for academic accommodations Some students with protracted recovery from mTBI/concussion or moderate TBI will need interventions

@ Tier 2/Targeted Level

School-based training:

• GSOC Train the Trainer/Coaching Model Supported on-line by:

www.GetschooledOnConcussions.com

Tier 2/Targeted Level

Staff Audience: Related Service Providers school nurses, school mental health, counselors, SLP, admin

Tier 1/Universal Level
Student Need:
Students with mTBI/
concussion
with expected
typical recovery
of <= 4 weeks
and need for academic
adjustments

Majority of students with a mTBI/concussion will respond to interventions at this level @ Tier 1/Universal Level (aka General Education)

School-based trainings:

GetSchooledOnConcussions (GSOC) classroom teacher curriculum delivered via: • Teacher Acute Concussion Tool (TACT) "just-in-time" training Supported on-line by:

www.GetschooledOnConcussions.com

Tier 1/Universal Level
Staff Audience:
Classroom Teachers/
General Education



RETURN TO LEARN



Students
There is no Return to Learn (RTL)
until there is 1st
a successful and swift
Return to School (R2S)!

Return to School (R2S)
Community-based trainings:

REAP Community-based trainings delivered via:
• REAP Booklet

Supported on-line by: www.REAPconcussion.com

Community Stakeholders
Audience:
Parents
Healthcare Providers

#RTLB4RTP°

✓ Kid Tested **©** Teacher Approved

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