Concussion & Our Kids

What happens when they go back to school?

Schools, Sports & Families

“Concussion” OR “Minor Head Injury” both mean that someone has experienced a type of Traumatic Brain Injury (TBI).

TBI is a leading cause of death and disability among children in the United States (Centers for Disease Control & Prevention).

Falls, accidents, motor vehicle crashes and sports are the leading causes of TBI for our kids.

Families need help understanding their child’s injury, potential long-term effects & how to communicate with the school, sports and health care teams.

Schools need help preparing to understand and meet student needs after injury.

Sports programs need help training coaches, volunteers and families on what to do about concussion.

In one year, Tennessee kids 0-22 y/o experienced:

- 22,182 brain injury-related emergency department visits
- 768 brain injury-related hospitalizations

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In 2013, Tennessee’s Governor signed a sports concussion law designed to reduce youth sports concussions and increase awareness of traumatic brain injury. Now it is our turn to educate schools, sports programs and families about the importance of creating and implementing guidelines around the student “returning to learn and play” after injury.

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