

# TRAUMATIC BRAIN INJURY/ CONCUSSION

## THINGS TO WATCH FOR OVER TIME:

- Headaches
- Changes in sleep patterns
- Fatigue
- Changes in vision
- Balance, coordination changes, dizziness
- Mood swings, gets mad easily
- Changes in personality
- Not feeling like themselves
- Trouble with attention and thinking
- Memory problems, especially short term
- Depression/Anxiety
- Difficulty handling stress
- Innapropriate behavior
- Grades dropping, falling behind in class
- Changes in work performance

