

Getting Enrolled in VA Health Care & Tips if Already in VA Health Care

How Do I Get Enrolled?

1. Obtain a Copy of your DD214

2. Apply for enrollment by filling out VA Form 10-10EZ (This should be done after you discharge) and turn it in at your local VA healthcare facility

- Or Apply online at www.va.gov (NOTE: you are not eligible to enroll in VA Healthcare until you reach Veteran status, which is the day after you discharge from Active Service)
- Or Apply by phone at 1-877-222-VETS (877-222-8387)
- Outcome of a medical board or income can also impact eligibility, nearly all student veterans are below the income threshold and eligible

3. Check on the status of your application:

- Call 1-877-222-VETS (1- 877-222-8387)
- Call or visit your local VA healthcare facility and ask for the Business Office.
- To find a VA healthcare facility near you, go to: www.va.gov/find-locations and under "Select Facility Type" choose VA Health

4. Schedule an appointment for Healthcare: call your local VA healthcare site and verify you are recognized as enrolled, eligible and then ask for a primary care appointment

5. Scan QR Code below for the VA Welcome Kit.

For newly transitioning Service Members that need assistance after exiting active duty?

Call the Military2VA Transition Patient Advocate at your local VA site. You can find your local M2VA Program Manager's contact information here: https://www.va.gov/POST911VETERANS/Locator_page.asp

Why Should I Enroll in VA benefits:

To gain access to a wide variety of affordable to no cost healthcare, education, transition support and wellness benefit programs such as:

- Medical Care
- Mental Health Care
- Whole Health Coaching
- Financial Compensation

- Education and Training Programs
- Vocational Rehabilitation and Employment Services
- Specialized programs for groups such as Gulf War Veterans, Homeless Veterans, Women Veterans and many more
- Life Insurance
- Deployment Exposure Registries
 - www.warrelatedillness.va.gov
 - www.publichealth.va.gov/exposures
- For a full list of programs and benefits:
 - www.va.gov
 - Or call the Help Desk at 1-855-574-7286

VHA Eligibility: To be eligible for VA Healthcare you need to meet some basic criteria. There are several exemptions to these criteria in many cases.

- Served 2 years on Active Duty or NG / Reservist that were activated on Title 10 orders and completed tour
- and have a service connection for any injury/illness at any percentage to include 0%
- Or medically retired or medically discharged
- Or served on a combat tour to anywhere at any time during your active-duty career
- Or unemployed, under-employed or a full-time student with little to no income
- Or served in/flew over/ or sailed off the coast of the Middle East for any length of time

Tips if already active with VA healthcare:

- Register for MyHealtheVet: The VHA online platform with secure messaging, and prescription refill and additional features: <https://www.myhealth.va.gov/mhv-portal-web/web/myhealthevet/user-registration>
- Travel Reimbursement: sign up if eligible. <https://www.va.gov/health-care/get-reimbursed-for-travel-pay/>
- Educate yourself on PACT Act Presumptive Conditions you might be eligible for additional compensation for hazardous materials exposures: www.publichealth.va.gov/exposures
- When needing help with life stressors and/or some struggles with VA healthcare, ask to speak with the Primary Care Social Worker



VA



U.S. Department
of Veterans Affairs