

# Brain Links 2026 Training Series



**Thursdays**  
**10-11:30 CST/11-12:30 EST**



## Feb 12 **Brain Injury and Co-Occurring Challenges: Information and Strategies for Service Providers**

This presentation will explore the prevalence and impact of brain injury **across all systems of support**, highlighting its connection to challenges such as mental health, substance use, domestic violence, justice involvement, homelessness, and chronic pain.

Attendees will gain an understanding of the scope of brain injuries, their downstream consequences, and the ways brain injury overlaps with adverse childhood experiences and other social determinants of health (rural, aging, etc.). Practical strategies will be shared, including screening tools, accommodations, referral pathways, and resources designed to help service providers in non-brain injury programs better identify and support individuals with a history of brain injury.

By integrating these approaches, providers can enhance engagement, improve outcomes, and contribute to more effective systems of care.

## Feb 26 **Supporting Brain Health**



**Are you concerned about having a healthy brain as you age?**

**Are you concerned about the well-being of your family or those you serve, and interested in learning how to support them in achieving optimal brain health?**

The brain controls how you feel physically and emotionally, how you learn and remember, and your relationships, including how you feel about yourself. Maybe you have been thinking more about your memory and hope to age gracefully. We will discuss the many negative factors on brain performance, and the positive, research-based steps you can take to improve your brain. We will discuss how beginning to make small changes now can make a big impact on maintaining a healthy brain over time. Learn about the effects of food, attitude, toxins, reducing stress, exercise, and more. We will cover tips that can help you have a healthier brain regardless of your age.

**Who Should Attend:** Case Managers, In-home Service Providers, Counselors, Addiction Specialists, Court Representatives, Program Administrators, Shelter Workers, Advocates, Teachers, Case Workers

This series is designed for Service Providers across all **Systems of Support** including:

Mental Health, Substance Use, Domestic Violence, ACEs/Trauma, Child Abuse, Chronic Pain, Homelessness, Criminal & Juvenile Justice and Brain Injury.

### Go to Registration



<https://www.tndisability.org/training-webinars-and-podcasts>



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## Meet Our Speaker

Wendy Ellmo MS CCC/SLP, BCNCDS, CBHP



Wendy Ellmo is a speech-language pathologist and Brain Injury Specialist for Brain Links. She is board certified in neurologic communication disorders and was the Clinical Service Supervisor for JFK Johnson's Center for Head Injuries' Cognitive Rehabilitation Department where she worked with people with brain injuries for twenty years. Part of a national group that developed practice guidelines for TBI and stroke, Wendy also authored a book of group treatment activities and an assessment battery for mild and moderate TBI. Wendy was an adjunct faculty member at Kean University, developing and teaching their first class on traumatic brain injury. Wendy is a certified brain health coach. She has served in many leadership roles, including President of the NJ Speech Language Hearing Association, and ultimately received their Honors of the Association Award for her distinguished service.



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