
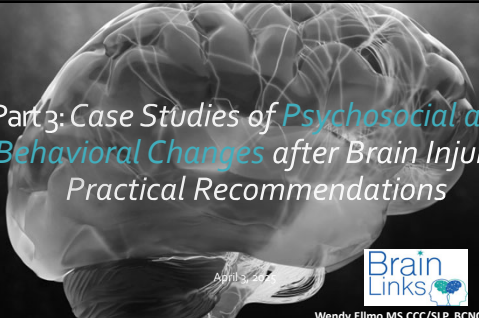


Welcome to Webinar 3:
We'll get started at
10 CST
11 EST




1



Part 3: Case Studies of *Psychosocial and Behavioral Changes* after Brain Injury:
Practical Recommendations

April 3, 2025



Wendy Elmo MS CCC/SLP, BCNCD5, CBHP
Speech Language Pathologist, Brain Injury Specialist
Certified Brain Health Professional
Certified Cognitive Screener

Using Case Studies to Highlight Best Practice and Improve Outcomes in Brain Injury webinar series

2




Brain Links is supported by the Administration for Community Living (ACL) of the U.S. Department of Health and Human Services under Grant No. 90TB5G0051-01-00 and in part by the TN Department of Health, Traumatic Brain Injury Program.







3

Brain Links

Family-friendly educational materials

Brain Health Resources
Statewide team of brain injury specialists
Resources for return to school and work settings

Toolkits for healthcare providers, school nurses, families and service professionals
We equip professionals to better serve people with TBI with current research-based training and tools
Tennessee Brighter Futures Collaborative

4

Housekeeping


- If you have questions, please enter them in the Q & A.
- At the end of the session, please complete the survey for your certificate of attendance.
- Following the session, materials and recording will be posted on our website – webinar page

<https://www.tndisability.org/training-webinars-and-podcasts>

5

Agenda


- Case Studies
- Highlight clinical thinking
- Focus on Psychosocial & Behavioral changes through the lens of cognition and language changes
- Address some school approaches
- Resources that work & how to use them



6

THE CASES

- Are based on two or more cases to protect privacy
- Are designed so we can address real issues and highlight key tools
- Cover different co-occurring needs areas (mental health, homelessness, etc).
- Will be presented as if they actually happened:
 - "Next, we...."
- We are NOT trying to be the expert in that other co-occurring need area...





7



8

Amanda

- 30 years old, divorced
- Goes to a mental health clinic
- Depressed for a few years
- Not feeling like herself
- Not working, but would like to be
- Lost her job 4 years ago – lack of productivity
- Doesn't go out much; used to enjoy her friends
- Her cat, Snowball, keeps her company
- She feels like she's living in black and white and wants to live in color







9

Amanda

Counselor - Susan

- As a standard of practice, uses the OBISSS (Online Brain Injury Screening & Support System)
 - Screening for prior history of brain injury
 - Assessment of cognitive and functional changes
 - Automatically generated accommodations lists by category

10

Why is this Protocol Important?

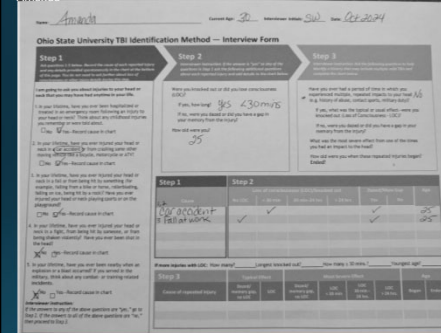


People with TBI will have a harder time using services and maintaining change if they do not receive the needed accommodations.

...they'll be back in treatment again, or worse...

11

Amanda



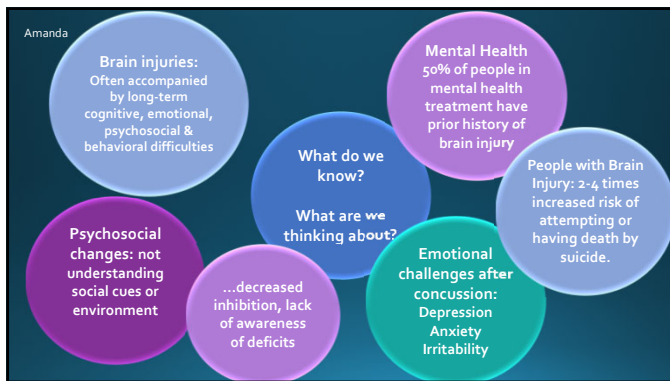
Car accident at 25

- Headaches for 2 years
- Never diagnosed
- Doesn't remember a lot
- Some word finding
- Difficulty putting ideas together

Slip & fall at work 6 months later

- Hit her head
- Made things worse for a while

12



13

Amanda

ORGANIZATION PROBLEMS		I do not experience this problem at all	I experience this problem but it does not bother me	I am mildly bothered by this problem	I am moderately bothered by this problem	I am extremely bothered by this problem
1.	Difficulty keeping to a schedule				✓	
2.	Difficulty prioritizing tasks					
3.	Difficulty starting tasks					
4.	Difficulty switching from one task to another					
5.	Difficulty completing tasks				✓	
6.	Difficulty completing tasks correctly					
7.	Keeping up with time-sensitive tasks (e.g., bill pay, work)				✓	

14

Amanda

INHIBITION PROBLEMS		I do not experience this problem at all	I experience this problem but it does not bother me	I am mildly bothered by this problem	I am moderately bothered by this problem	I am extremely bothered by this problem
1.	Saying things without thinking				✓	
2.	Doing things without thinking				✓	
3.	Not following directions					
4.	Dominating conversations					✓
5.	Interrupting when others are speaking					✓

15

Amanda

LANGUAGE PROBLEMS		I do not experience this problem at all	I experience this problem but it does not bother me	I am mildly bothered by this problem	I am moderately bothered by this problem	I am extremely bothered by this problem
1.	Difficulty understanding what people tell me				✓	
2.	Difficulty understanding what I've read					
3.	Difficulty finding the right word when speaking					✓
4.	Difficulty getting people to understand what I am trying to say					✓
5.	Difficulty writing emails, papers, etc.					

16

Amanda

Referral to Speech Language Pathologist with experience in brain injury:

- Says things without thinking
- Dominates conversations, ruminating over the past and has to discuss it, poking the bruise, using the person as a counselor
- Interrupts others when they are talking
- Feels like her friends are now always busy and they don't answer her calls as much. As a result, feeling isolated and depressed.
- Told she overshadows, which makes people uncomfortable
- Doesn't notice social cues (like she's talking too much or it's time to go or the other person would like to interject)

Wendy

17

Amanda

Referral to Speech Language Pathologist with experience in brain injury:

- Tells the same stories
- Sometimes she gets excited and stands too close and touches too much (just on the arm or shoulder)
- Overly emotional in social situations
- Also saw that attention and short-term memory were influencing things
 - Interrupting because she might forget – this had become habitual


Wendy

18

[illegible]

19

Amanda



When Your Head Has Been Hurt: Signs and Symptoms

A head injury is a blow to the head that causes damage to the brain or the skull. It can be caused by a fall, a car accident, or a sports injury. Symptoms of a head injury can include:

- Nausea and vomiting
- Dizziness and loss of balance
- Blurred vision
- Headache
- Confusion and disorientation
- Loss of consciousness
- Seizures
- Swelling and bruising on the head
- Blood or clear fluid coming from the ears or nose

Many people who have been hurt to the head will not realize they have been hurt until they have some of these symptoms.

Problems in the Time of Injury

Headaches

- Headaches that are severe and persistent
- Headaches that are worse in the morning
- Headaches that are worse when you move your head
- Headaches that are worse when you are lying down
- Headaches that are worse when you are standing up
- Headaches that are worse when you are walking
- Headaches that are worse when you are climbing stairs
- Headaches that are worse when you are running
- Headaches that are worse when you are jumping
- Headaches that are worse when you are playing sports

Neck Problems

- Neck pain
- Neck stiffness
- Neck swelling
- Neck bruising
- Neck tenderness
- Neck weakness
- Neck numbness
- Neck tingling
- Neck pain when you move your head
- Neck pain when you are lying down
- Neck pain when you are standing up
- Neck pain when you are walking
- Neck pain when you are climbing stairs
- Neck pain when you are running
- Neck pain when you are jumping
- Neck pain when you are playing sports

Balance Problems

- Dizziness
- Loss of balance
- Nausea and vomiting
- Headache
- Confusion and disorientation
- Loss of consciousness
- Seizures
- Swelling and bruising on the head
- Blood or clear fluid coming from the ears or nose

What to Do

- Rest
- Ice
- Pain relief
- Medical attention

PROBLEMS TO WATCH FOR OVER TIME

Changes in Mood

• Irritability, anger, depression

• Loss of interest in activities

• Loss of appetite

• Loss of energy

• Loss of motivation

• Loss of focus

• Loss of memory

• Loss of sleep

• Loss of weight

• Loss of hair

• Loss of teeth

• Loss of nails

• Loss of skin

• Loss of hair

• Loss of teeth

• Loss of nails

• Loss of skin

Cognitive Communication

- Memory loss
- Loss of interest in activities
- Loss of appetite
- Loss of energy
- Loss of motivation
- Loss of focus
- Loss of memory
- Loss of sleep
- Loss of weight
- Loss of hair
- Loss of teeth
- Loss of nails
- Loss of skin

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Cognitive Communication

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- Loss of skin

20

Survivors, Families & Caregivers Toolkit

- Essential Resources
- Signs & symptoms and Fact Sheets
- Mental Health
- Domestic Violence
- Behavior Resource
- Returning to School
- Family Caregiver Resources
- Financial & Residential Resources



Traumatic Brain Injury Toolkit
For Survivors, Families, and
Caregivers

Survivors, Families, and Caregivers Toolkit
<https://www.tndisability.org/brain-toolkits>

21

Service Professionals Toolkit

- Tools for developing plans and services
- Mental health information and factsheets
- Domestic violence
- Returning to school and work
- Residential resources
- Family and caregiver resources
- Social media
- Professional development
- Programs and resources

Service Professionals Toolkit

<https://www.tndisability.org/brain-toolkits>

22

[illegible]

23

[illegible]

24

Amanda

BRAIN HEALTH

HOW TO HAVE A HEALTHY BRAIN THROUGHOUT LIFE

One brain controlling everything that you think and do is an amazing feat. The brain is the most complex organ in the body. It's the seat of your mind, the center of your emotions, and the source of your creativity. It's also the most vulnerable. It can be damaged by a single stroke, a fall, or even a bad night's sleep. But there are things you can do to keep your brain healthy and the quality of your life.

HERE'S WHERE TO START:

EAT WELL

- The brain is made up of 75% fat. It needs a steady supply of healthy fats to keep it running smoothly. Omega-3 fatty acids, found in fish, flaxseed, and walnuts, are particularly beneficial. They help reduce inflammation and improve blood flow to the brain.
- Sugar is the enemy. Too much sugar can lead to insulin resistance, which can damage the brain. Stick to whole grains, fruits, and vegetables.
- Protein is essential. It provides the building blocks for neurotransmitters, the chemicals that help the brain communicate. Lean meats, eggs, and legumes are good sources.
- Hydration is key. The brain is about 75% water. Dehydration can lead to confusion, fatigue, and even a stroke. Drink plenty of water throughout the day.

EXERCISE

- Cardiovascular exercise, like walking, jogging, or swimming, increases blood flow to the brain and helps create new brain cells.
- Strength training also benefits the brain by improving bone density and hormone levels.
- Mind-body exercises, like yoga and tai chi, reduce stress and improve focus.
- Social interaction is a form of exercise. It keeps the brain active and engaged.

Guidelines for the Prevention of Alzheimer's Disease: "Regularly exercise your body, brain, and heart. Stay socially engaged. Eat a healthy diet. Get enough sleep. Manage stress. Stay mentally active. Avoid smoking. Limit alcohol. Stay hydrated. Stay safe. Stay positive."

Food **Exercise** **Mental Health** **Learn** **Socialize** **Avoid Toxins** **Purpose & Joy** **Sleep**

25

Amanda

CONCUSSIONS & MENTAL HEALTH

Mental health issues are common after sustaining a concussion. The physical trauma can lead to changes in brain chemistry, and the emotional toll can be just as significant. It's important to recognize the signs and seek help when needed.

Warning Signs:

- Persistent headaches
- Irritability
- Anxiety
- Depression
- Sleep problems
- Memory issues
- Difficulty concentrating
- Loss of interest in activities
- Changes in eating habits
- Social withdrawal
- Thoughts of self-harm or suicide

What to do if you notice these signs:

- Talk to your doctor about your symptoms. They can help you understand what's going on and provide a referral to a mental health professional if needed.
- Seek support from friends and family. You don't have to go through this alone.
- Consider therapy. Cognitive Behavioral Therapy (CBT) and other forms of therapy can be effective in managing concussion-related mental health issues.
- Stay active. Gentle exercise can help improve mood and reduce symptoms.
- Practice self-care. Get enough sleep, eat well, and manage stress.

- Mental health issues, like depression, are common after a concussion
- Symptoms to watch for
- Good job getting to the clinic
- Treatment will be personalized

26

Amanda

Hierarchy of Self-Awareness

Taught Amanda Self-Awareness Model

- Good intellectual awareness
- Need work on emergent & anticipatory

SLP and Counselor:

- "Something is happening now, can you spot it?"
- Agreement that we would keep track of what Amanda was saying so she could come back to it.
 - Took away some of the "rudeness" feeling
 - The worry that she would forget what she was saying.

Anticipatory
Emergent
Intellectual
No Awareness

Crosson et al., 1989

27

Amanda

In Therapy

Practiced listening and asking relevant questions, without adding anything personal.

Then with friends

(Same)



28


Amanda

In Therapy

- Thought about upcoming interactions
- Wrote a list of topics on an index card

Then with friends

- Practiced topics
- Practiced asking questions
- Practiced not touching – hands in pockets, behind her back, between her legs if sitting
- Reported back



29

Amanda

In Therapy

- Practiced not interrupting
- Wrote her thought down – one to two words

Then with friends – on the phone

- Practiced not interrupting
- Wrote her thought down – one to two word
- Then no writing – thinking of key word to remember her topic/thought
- Reported back

Then with friends – in person

- Practiced not interrupting
- Then no writing – thinking of key word
- Reported back






30

Amanda

In Therapy


- Sometimes she gets excited and stands too close and touches too much & overly emotional in social situations
 - Talked in the hallways / standing up
 - Hands in back pockets helped (in beginning)
 - Monitor emotions

Sad/Crying Calm / Even Excited

31

Socialization & Practice




32

Amanda

Occupational Therapist (OT)

Issue: Organization – difficulty

- Keeping to a schedule
- Completing tasks
- Keeping up with time-sensitive tasks



33

Amanda

Work

Part Time Job

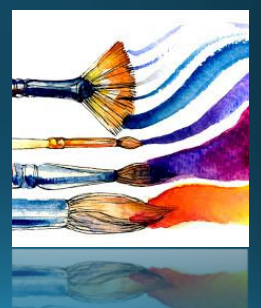
- Teaching art classes for children
- Bookkeeping for the studio
- Keeping the studio organized

OT & SLP

- Helped her transition her skills to work

Counselor

- Stayed with her through the transition to work, then had check-ins, looking to discontinue soon



34

Amanda

A GUIDE TO POSSIBLE CHANGES AFTER BRAIN INJURY

FOR SURVIVORS AND CAREGIVERS

This guide was designed to help people watch for changes that may follow a brain injury. Changes do not happen overnight and can take time to notice. Watch for changes that may follow a brain injury. It will also give you tips for keeping your brain healthy throughout your life.

OUTCOMES AFTER BRAIN INJURY RECOVER ARE DIFFERENT FOR EVERYONE

WHAT TO WATCH FOR IN CHILDREN

THINGS TO WATCH FOR IN ADULTS

What To Do If You See Changes In Yourself or Family Members

There is no cut-off date for brain injury recovery

What You Can Do To Help Your Recovery


What You Can Do To Help Your Recovery

35

Amanda

What Worked

- Focus on the brain injury right from the beginning
- Team approach / team communication
- Focus on Amanda's awareness
- Lots of real-life practice
- Lots of education



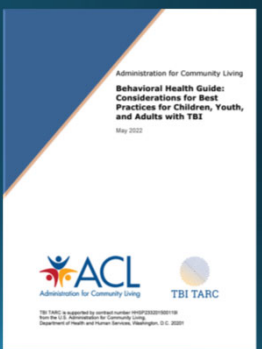
36

James

ACL's Behavioral Health Guide: Considerations for Best Practices for Children, Youth and Adults with TBI

- Overview of Behavioral Health & TBI
- Training Approaches
- Screening for Lifetime History of TBI
- Modifying Clinical Interventions for TBI
- Modifying Psychopharmacologic Interventions

Mentions Mental Health, Substance Use, Criminal Justice, Domestic Violence & Homelessness



Administration for Community Living
Behavioral Health Guide: Considerations for Best Practices for Children, Youth, and Adults with TBI
May 2022

ACL
Administration for Community Living


TBI TARC

The TARC is supported by contract number H5012202000104
Revised 03/2022. Prepared by the Community Living Department of Health and Human Services, Washington, D.C. 20541


37

James


Resource pages by system of support




Brain Injury



Mental Health



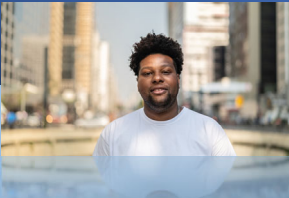
Chronic Pain




<https://www.tndisability.org/tbf-systems-support>

38

Rudy
27 years old



- Had a severe brain injury when he was 12
- Car accident
- Didn't know much about it




- Severe car accident; recovered "well"
- Before accident: everyone loved him – fun, funny, lots of friends

39

Rudy

School



- Didn't notify the school – "the doctor was so pleased with his recovery"
- "Thinking back..." his grades slowly dropped that year
- Started getting in trouble for wandering around the classroom, being a distraction, not finishing work
- Getting in trouble in the lunchroom and recess – at this point his behavior became the focus – not his schoolwork or grades

40

Rudy

School





- Seemed to be alone a lot by 9th grade
- Stopped liking school by high school
- Dropped out in 11th grade, "became too much to handle", lots of fights with mother and left home 6 months later
- She lost track of him


41

Rudy

Case Worker at the Homeless Shelter



- Got Rudy into a group home
- Had a cognitive-linguistic evaluation by a Speech Language Pathologist with experience with neurological disorders
- Used SLP info, along with staff observations to fill out the Brainstorming Solutions Tool (BST)




42

Rudy

Determining Strengths & Weaknesses

Brainstorming Solutions Tool (BST)

- Staff observations
- SLP evaluation
- Neuropsychological evaluation
- Any records

See more on 

Brainstorming Solutions Tool

Person: Rudy Date:

Current Challenge: Describe as completely as you can what circumstances, what the difficulty is, what the environment is like.

What goal of Rudy's will solving this help them achieve?

Brainstorm: Write what you know about each area. Give examples if helpful. Consider how the environment (location, resources, people, etc.) may help or hinder. Write what you know about each area. Give examples if helpful. Consider how the environment (location, resources, people, etc.) may help or hinder. Write what you know about each area. Give examples if helpful. Consider how the environment (location, resources, people, etc.) may help or hinder.

Emotional State (consider psychiatric diagnoses and current general emotional state – sad, anxious, angry, fearful, happy)

Fatigue (how much stamina do they have, what happens when they get tired, how does it impact behavior)

Environment (what type of environment does the person work best in, think about noise and visual distractions, number of people)

Medication

Support/Reinforcement

Other

43

Rudy

Brainstorming Solutions Tool (BST)

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Medication

Support/Reinforcement


Other

- Attention
- Processing Speed
- Memory
- Initiation
- Awareness
- Impulse control
- Receptive language (understanding)
- Speaking (speaks simply)
- Problem solving

44

Rudy

Lots and Lots of EDUCATION



Brainstorming Solutions Tool (BST)

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Medication

Support/Reinforcement

Other

45

Rudy

Developed Cognitive Strategies

Communication

Slow down when talking
Shorten sentences and information
Careful not to talk down to Rudy
Use visuals whenever possible
Demonstrate
Rudy: ask questions

Chores

Hung up a chore chart
Put on his calendar
Put chores into his phone with a reminder alarm
For messiness – set up systems of where things go;
Put pictures of what goes where

Planning

Calendar
Involved Rudy in developing steps for chores (1st, 2nd, 3rd)

Strategies & Accommodations Tool (SAT)


- Team brainstorming
- Input from Rudy
- Modifying as needed

Same approach to strategy development was used for behavior

46

Rudy

Staff Approach



Curiosity and Problem Solving Vs Judgement and Anger

"Find something to like about the person"

47

Rudy

Brainstorming Solutions Tool (BST)

Person: Rudy Date:

Current Challenge: Describe as completely as you can what circumstances, what the difficulty is, what the environment is like.

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Medication

Support/Reinforcement

Other

Behavior

Seems sad.
Sometimes angry.

Pretty good.
Sometimes tired in the evening or after volunteering


Does better in quiet & with fewer people & less noise around

48

Rudy Behavior: "Can get verbally aggressive when someone comes into the room and turns the lights on. Often stands up and is physically intimidating because he's a big guy."

Talked with Rudy

- "They just made me mad."
 - Helped him to understand that it wasn't actually them - more of a physical response
 - We asked others to warn him - "Going to turn on the lights...ok?"
 - Asked Rudy to take a deep breath
- Actually wanted the company - feels lonely. Likes talking
 - Worked on developing topics to talk about
 - Activities of common interest; planned activities
 - Asking questions to engage another




55

Rudy Behavior: Throws things sometimes

Talked with Rudy

- Initially was not sure - "They just made me mad."
- Never want to hurt anyone
- Reviewed some recent past situations
 - Angry because he felt stupid
 - From their words
 - Too fast/overwhelmed
 - Didn't understand







56

Rudy Behavior: Throws things sometimes

Talked with Rudy


- Discussed how the other person feels (increased awareness / natural consequences)
 - Threatened
 - Scared
 - Don't want to be around him
- Decreased frustration
 - Rating himself (increased awareness)
 - Deep breaths
 - Walk away if needed



1	2	3
Calm/Happy	Getting Upset/Frustrated	Too Late/I'm Gone
		

57


Rudy



Headache Relief Guide
https://www.youtube.com/watch?v=VXXV748PA&feature=pvui_h2
https://www.youtube.com/watch?v=aAuGzmx6_jo

58

Rudy



Headache Relief Guide
https://www.youtube.com/watch?v=aAuGzmx6_jo

59

Rudy Behavior: Throws things sometimes

Decreased distractions in the environment

Helped with language - short sentences

- "Give me a minute"
- "I need to stop" - holding hand up
- "I'm getting angry!"
- "Stop!"





60

Rudy Behavior: Throws things sometimes 

Frustration still happens...alternatives to the behavior

- Throw pillows, only at the floor
- Yell into a pillow
- Squeeze a stress ball
- Throw a stress ball, not at a person
- Yell


Natural consequences...

- Apologize
- Clean up any messes

Follow up with staff after each incident for support




61

Rudy Behavior: Not following house rules. 

Everyone does their chores.
Quiet hours 9:00 pm to 8 am.
Clean up after yourself. Don't leave dishes in the sink.
Keep common areas clean & tidy – take your things with you when you leave.
Turn lights off.
If something is getting low or you take the last one, write it on the list.
(ex: food, laundry detergent)
Sheets washed once a week (on your day)

62

Rudy Behavior: Not following house rules. 

Talked with Rudy

Lots of reasons:


- "Don't feel like it"
- "Too hard"
- "Can't remember"

Discussed natural consequences

How does your brain feel in a messy room?





63

Rudy Behavior: Not following house rules. 

Talked with Rudy

Put chores on a calendar with specific date and time
Someone did his chores alongside him a few times; directions posted for laundry
Steps with check-off box on list
House list with everyone's chores in kitchen

- Clear that everyone had jobs
- Color-coded
- Everyone was reminded of chores during house meetings & casual reminders in morning and after dinner




64

Rudy LINKCENTER

Tips to Manage Triggers

What are triggers?
Triggers are things that make you remember something bad that happened to you. They can be people, places, smells, sounds, tastes, or things. For example, if someone who hurt you smelled like cedar or perfume, those smells might make you remember what happened. Triggers can make you feel really scared or anxious. Our minds and bodies might explode with feelings. When you remember bad things, you might feel sad, mad, or scared for a while.

 Try to figure out the things that trigger you. Try to stay away from those things. But it may not be possible to avoid all your triggers. Knowing your triggers can help you understand why you get upset.

What are my triggers?


What can I do to be OK when I get upset? What can I do to help myself be OK? (For example, take a shower, take deep breaths, listen to music, take a walk, go somewhere quiet, take a shower)

Helpful support: what can others do to help me be OK? (For example, be calm, listen, tell me I'm safe, encourage me to breathe slowly)

Not helpful support: what do others do that is not helpful? (For example, do not ask a lot of questions, do not stop me from talking about the past, do not ignore or judge my feelings)

Who should support me: who do I want to support me when I am upset?

Who should not support me: who do I not want to support me when I am upset?

 Checking in is helpful for you and your supporters. You get others to listen to you. You get emotional support. Your supporters get information on how you are feeling. You tell your supporters what they can do and say to support you. Over time, you'll build trust.

Checking in: what can others do to just check in? When do you want others to check in? When do you want others to do and say when checking in?

How will I share this information with others? (For example, will you use an app? Emails? Will you give your supporter the paper? Will you have a signpost with you? Share questions and you shake your head yes/no, will you use pictures, will you use speech to device?)

65

Rudy Behavior: Socially isolating

Ice-breaking activities to get to know everyone.
Fun household activities planned
Outings planned
List of things he liked to do in free time
Planning things to do in free time on calendar
Volunteer job*





Lock put on his closet door.
Rudy was afraid people were going to take his things – a fear he developed on the streets

66

Rudy

Work – Volunteering at a Food Bank

- Makes boxes
- Restocks them for sorters
- Uses the pallet jack to move loaded boxes
- Goal: to get a paid job at the food bank

Behavior:


- Generally good. Worked by himself.
- Throw things or yell when corrected
 - Better when pulled aside, corrected by “the boss”, behavior was normalized (“I forget that sometimes, too.”)
- Walk away when there was a big group of volunteers or when things got too noisy

67

Rudy

What Worked


- Patience, developing trust
- Consistency, lots of review
- Building his self-awareness
- Education about his injury
- Brain calming activities
- Recognizing the underlying cognitive issues



68

Rudy

What Worked for the Staff







- Understanding it's the brain
- Understanding the cognition & language
- Understanding Rudy was not trying to make it a bad day for them – he was having a bad day.
- Understanding Rudy had a long time without treatment – had a long time to develop bad behaviors
- Understanding that the impulsivity makes it so he needs clear rules from the environment
- Focusing on the things they like about Rudy, especially when he's having a tough day
- Working with Rudy, becoming an ally, getting agreement about giving feedback

69

Rudy

What Might Have Been Done Earlier

Communication between hospital & the school

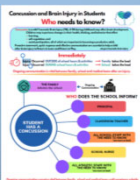

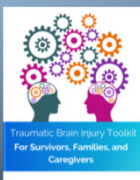
CDC's Return to School Letter Guide to Possible Changes School-Aged & Adult Hospital to School Transition Protocol School Lingo

70

Rudy

What Might Have Been Done Earlier

The School


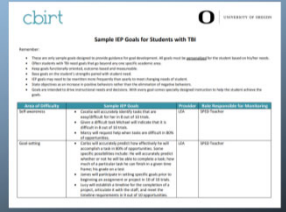
Concussion & Brain Injury in Students: Who Needs to Know TBI Toolkit for School Nurses TBI Toolkit for Survivors

71

Rudy

What Might Have Been Done Earlier

The School

504/IEP Accommodations in the Classroom for a Student with TBI Sample IEP Goals for Students with TBI

72

Rudy


What Might Have Been Done Earlier

The School

Concussion/Brain Injury Alert & Monitoring Form

Travels from grade to grade & school to school with the student

In the academic and/or medical files



CONCUSSION/BRAIN INJURY ALERT & MONITORING FORM

TOP SECTION COMPLETED BY SCHOOL PROFESSIONAL PERSONNEL (TEACHERS, ADMINISTRATORS, ETC.)

SECTION 1: STUDENT INFORMATION

1. Name, age and sex

2. Date of injury

3. Date of onset of symptoms

4. Date of last medical evaluation

5. Date of last school evaluation

6. Date of last medical evaluation

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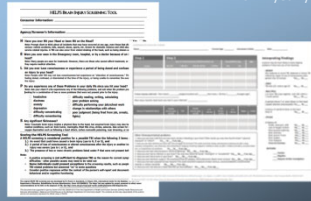
100. Date of last medical evaluation

73

Rudy

What Might Have Been Done Earlier

What if the hospital never told the school? The school could have done their own yearly screening



HEALTHY MINDS Screening Tools

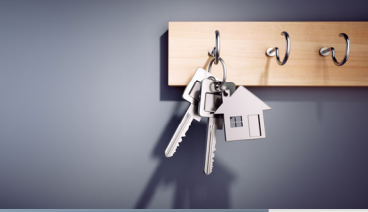
And possibly could have caught the brain injury and changed the trajectory of this family's life.

74

Rudy

ADAPTING YOUR PRACTICE

Recommendations for the Care of Patients With an Injury or Condition Resulting from the Effects of Traumatic Brain Injury



National Health Care for the Homeless Council
October 2018

<https://nhchc.org/clinical-practice/adapted-clinical-guidelines/tbi/>

75


Rudy

Resource pages by system of support

Brain Injury

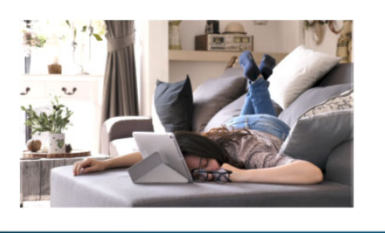

Homelessness

Minority Health



<https://www.tndisability.org/tbf-systems-support>

76

Questions?

77

Brain Links

Thank you!

Materials and recording will be posted on our website
www.tndisability.org/brain

Wendy_e@tndisability.org

Take the 1 minute survey!
Help us improve.



Certificate of Attendance Training Survey:
<https://form.jotform.com/213424332750144>

YouTube LinkedIn Facebook

78