



Great Smoky Mountains National Park



# **TDMHSAS Mental Health Services Overview**

Presentation for TN Brighter Futures

May 4<sup>th</sup>, 2023

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Deputy Commissioner



# OUR MISSION:

Creating

**COLLABORATIVE  
PATHWAYS TO**

*RESILIENCY,  
RECOVERY, and  
INDEPENDENCE*

for Tennesseans living with mental illness and  
substance use disorders

# OUR VISION:

*A STATE*

of resiliency, recovery,  
and independence

*IN WHICH*

**TENNESSEANS**

living with mental illness  
and substance use disorders

**THRIVE**

# AS A DEPARTMENT, WE VALUE:

## **CUSTOMER FOCUSED:**

*An unwavering commitment to keep patients and those who serve them **at the forefront of every decision.***

## **INTEGRITY:**

*Honesty and truth in all we do.*

## **INSPIRED PURPOSE:**

The *call to action* in service of a cause greater than one's self.

## **EXCELLENCE:**

The *highest standards* for services, efficiency, and conduct.

## **COMPASSIONATE**

## **AND EFFECTIVE LEADERSHIP:**

The commitment to *make effective decisions and inspire others* through active listening and empathy.

## **SOLUTIONS AND OUTCOMES-ORIENTED:**

The *commitment to positive outcomes and meaningful changes* in response to the critical needs of the Tennesseans we serve.

## **PARTNERSHIP:**

Beyond teamwork, *collaboration based on mutual success* to the benefit of the Tennesseans we are blessed to serve.



**1,854**

**Licensed Behavioral Health Provider Locations**

**1,048**

**Contracts for Community-Based Services**

**577**

**Beds at our Hospitals**



## **By the Numbers**

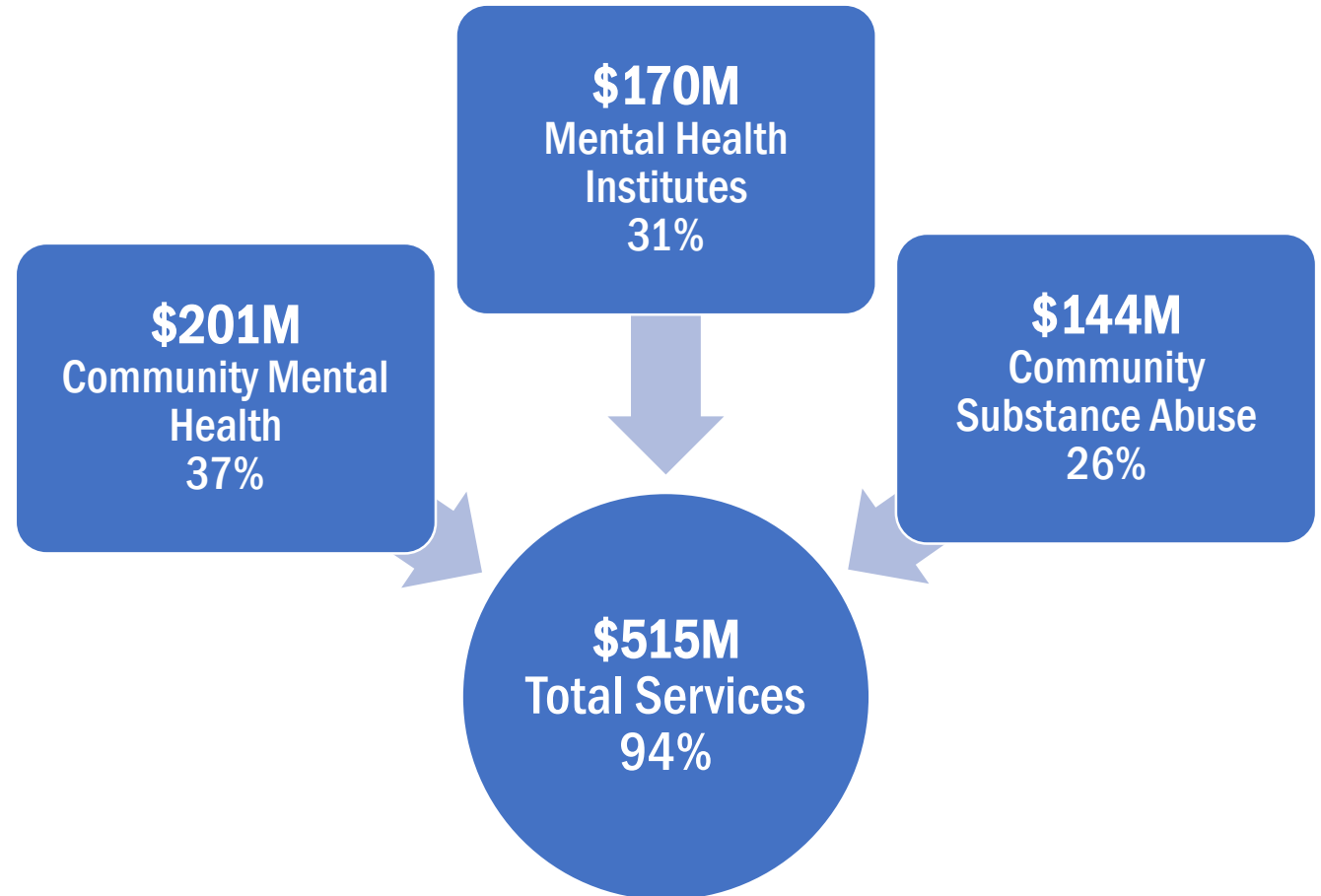
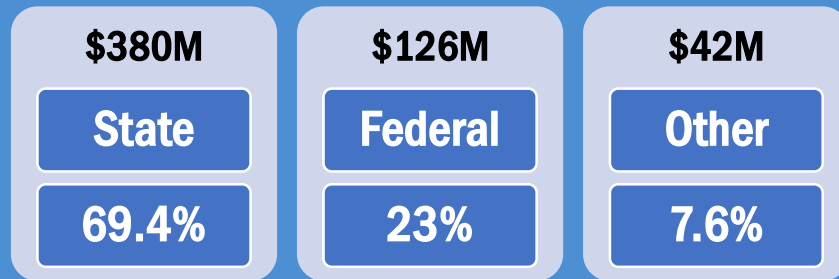
Team TDMHSAS is proud to have more than 1,850 dedicated and talented state employees on staff. The vast majority of that number work in our four (4) Regional Mental Health Institutes.



# FY23 Department Budget: \$548 Million

The FY23 budget represents our highest total ever with landmark investments in provider rates, substance use disorder treatment and recovery services, mental health courts, and more.

## Breakout by Funding Source



# FY23 Approved Budget Increases

| Program Name                                 | Program Description                                                                                                                                                                                                                                                                                           | Amount                           |
|----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|
| Provider Rate Increase                       | To provide a pool of recurring funding for provider rate increases in the mental health and substance abuse prevention programs within the department.                                                                                                                                                        | \$17,995,000                     |
| Substance Abuse Clinical Treatment Services  | To provide recurring funding to expand clinical treatment services to uninsured adult Tennesseans with substance use disorder. Additional Estimated Number Served: 2,460 Tennesseans                                                                                                                          | \$6,000,000                      |
| Mental Health Treatment Act of 2022          | To provide recurring funding to support the creation and operation of mental health courts in Tennessee.                                                                                                                                                                                                      | \$5,669,400<br>(\$180,000 is NR) |
| Naltrexone for Recovery Courts               | To provide non-recurring funding for naltrexone treatment for participants in a Recovery Court Program.                                                                                                                                                                                                       | \$2,000,000 NR                   |
| Addiction Recovery Program Enhancement       | To provide recurring funding to expand wrap-around prevention and treatment services (such as transportation assistance and relapse prevention skill courses) provided to uninsured adult Tennesseans living with a substance use disorder. Additional Estimated Number Served: 1,798 Tennesseans             | \$1,000,000                      |
| Creating Jobs Initiative                     | To provide recurring funding to expand the Individual Placement and Support employment program. This program is operated in partnership with the Department of Human Services to assist adults with serious mental illness obtain competitive employment. Additional Estimated Number Served: 740 Tennesseans | \$900,000                        |
| Morgan Co. Residential Recovery Court        | To provide funding for a grant to the Morgan County Residential Recovery Court. 45 Men completed the program in FY20                                                                                                                                                                                          | \$550,000<br>(\$200,000 is NR)   |
| IT Support Positions                         | To provide recurring funding to establish nine full-time positions to support the department's IT needs.                                                                                                                                                                                                      | \$520,700                        |
| Mental Health Evaluations in Juvenile Courts | To provide recurring funding for mental health evaluation of juveniles charged with certain misdemeanor crimes.                                                                                                                                                                                               | \$200,000                        |

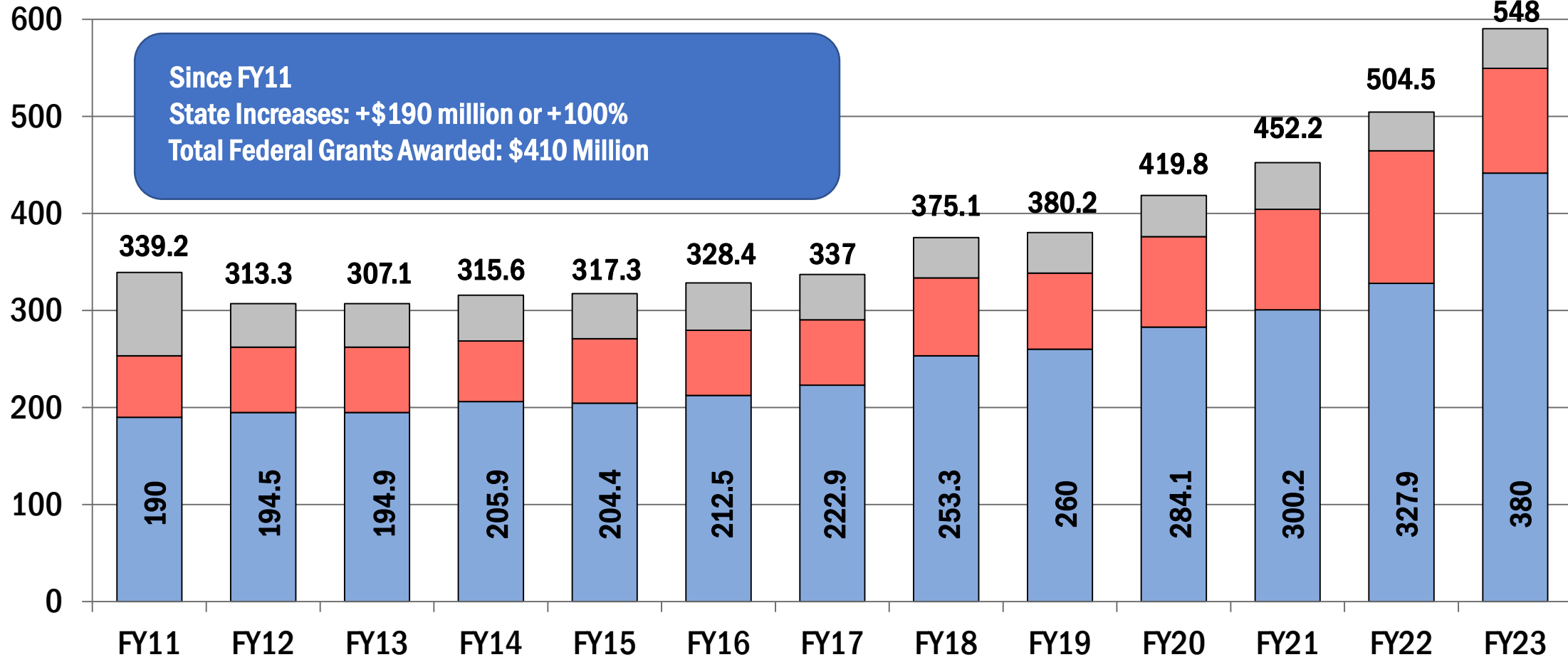
**Total State \$34,835,100**

# FY23 Approved Budget Increases

| Program Name                            | Program Description                                                                                                                                                                                                                                                      | Amount                                    |
|-----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------|
| <b>Directed Appropriations</b>          | Funded projects include behavioral health urgent care center, mental health services for veterans, suicide prevention, and capacity and support for agencies providing SUD Treatment.                                                                                    | <b>\$6,580,300</b>                        |
| <b>Tennessee Sports Gambling Fund</b>   | To provide non-recurring funding from the fund for grants to develop and establish treatment programs and resources for gambling addiction and compulsive gambling, pursuant to TCA 4-51-319.                                                                            | <b>\$1,225,000</b>                        |
|                                         |                                                                                                                                                                                                                                                                          | <b>Total State and Other \$42,640,400</b> |
| <b>Crisis Continuum Enhancement</b>     | This proposal would add three Crisis Walk-In/Crisis Stabilization Units. Additional Estimated Number Served: 12,750 Tennesseans                                                                                                                                          | <b>\$34,919,716</b>                       |
| <b>Project Rural Recovery Expansion</b> | This would double capacity (adding 2 new mobile units) to current program providing behavioral and physical health services to rural/underserved areas. Existing program (2 units, 10 rural counties) served 638 people in FY21, served 691 people in first half of FY22 | <b>\$6,300,000</b>                        |
|                                         |                                                                                                                                                                                                                                                                          | <b>Total ARPA/FSAG \$41,219,716</b>       |
| <b>MBMHI Rebuild</b>                    | F&A Pool for Capital Projects Including Moccasin Bend: \$647M, Original request was \$276.5M                                                                                                                                                                             | <b>\$276,520,000</b>                      |

**Grand Total \$360,380,116**

# Funding Trend Analysis



Other\*  
Federal  
State

\*Other funding includes revenue from services provided, interdepartmental sources, and other sources



# FY24 Approved Budget Increases

| Program Name                                                        | Program Description                                                                                                                                                                                                                                                                                                                                                                                  | Amount                                      |
|---------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|
| Provider Rate Increase                                              | To provide a pool of recurring funding for provider rate increases in the mental health and substance abuse prevention programs within the department.                                                                                                                                                                                                                                               | <b>\$18,000,000</b>                         |
| Residential Re-Entry Housing Program                                | To provide funding to establish one position and operate six residential facilities. These facilities will serve individuals with severe and persistent mental health challenges re-entering the community from incarceration. This program will provide funding for startup and operational costs of the facilities. Of this total cost, \$6,320,700 is recurring and \$6,748,200 is non-recurring. | <b>\$13,068,900</b>                         |
| Substance use Residential Treatment Beds Infrastructure Enhancement | To provide non-recurring funding to increase substance use residential treatment bed capacity. Grants will be provided for the renovation or construction of facilities.                                                                                                                                                                                                                             | <b>\$12,000,000 NR</b>                      |
| School-Based Behavioral Health Liaison Expansion                    | To provide recurring funding to increase the number of School-Based Behavioral Health Liaisons in Tennessee. Funding will cover 114 new liaisons.                                                                                                                                                                                                                                                    | <b>\$8,000,000</b>                          |
| Alliance Healthcare Services                                        | To provide non-recurring funding for a grant to Alliance Healthcare Services for a crisis wellness center.                                                                                                                                                                                                                                                                                           | <b>\$7,000,000 NR</b>                       |
| Tennessee Sports Gambling Fund                                      | To provide non-recurring funding from the fund for grants to develop and establish treatment programs and resources for gambling addiction and compulsive gambling, pursuant to TCA 4-51-319.                                                                                                                                                                                                        | <b>\$2,316,500</b>                          |
| Juvenile Justice Diversion                                          | To provide recurring funding to expand the juvenile justice diversion program to serve an additional 300 justice-involved youth with community-based treatment services                                                                                                                                                                                                                              | <b>\$1,322,000</b>                          |
| Davidson County Residential Drug Court Contract                     | Reorganization of funding for Davidson County Drug Court moving from Department of Corrections to TDMHSAS. Total includes base amount of \$982,000 and \$180,000 increase in funding for FY24. Additional funding will be used to increase capacity in the program.                                                                                                                                  | <b>\$1,162,000</b>                          |
| Directed Appropriations                                             | Non-recurring directed appropriations include Centerstone Military Services (\$800,000), Jason Foundation (\$500,000), Families Free (\$250,000), Prevention Alliance of Tennessee (\$200,000), McNabb Center Military Services (\$150,000), Teen Challenge (\$25,000)                                                                                                                               | <b>\$1,925,000</b>                          |
|                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                      | <b>Total Community Funding \$64,794,400</b> |

# FY24 Approved Budget Increases

| Program Name                          | Program Description                                                                                                                                                                                                                                                    | Amount                                            |
|---------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|
| Licensure Positions                   | To provide recurring funding to establish four positions to support licensure and compliance due to an increase in treatment sites.                                                                                                                                    | \$497,900                                         |
| Contract and Legal Positions          | To provide recurring funding for three positions to assist in the creation and review of contracts due to an increase in workload.                                                                                                                                     | \$341,500                                         |
|                                       |                                                                                                                                                                                                                                                                        | <b>Total Department Funding \$839,400</b>         |
| WMHI New Replacement Facility Phase 2 | 62,384 Building gross square feet including an additional 25 beds and support space, adjunctive therapy space, dietary department and kitchen facility, administrative and education spaces, environment of care department, and IT and Performance Improvement space. | \$62,990,000                                      |
| Major Maintenance                     | To provide recurring funding to recognize maintenance cost inflation and State Building Commission policy changes regarding cost thresholds for capital maintenance projects.                                                                                          | \$450,000                                         |
|                                       |                                                                                                                                                                                                                                                                        | <b>Total Capital and Facilities: \$63,440,000</b> |
|                                       |                                                                                                                                                                                                                                                                        | <b>Grand Total FY24: \$129,073,800</b>            |

# Key Mental Health Programs



# Tennessee's Mental Health Crisis Services Continuum

Connecting people to the right treatment, in the right place, at the right time.

≈128,000 Calls  
for help annually

58% Resolved on the phone  
41% Referred to mobile crisis  
1% Directed to ED for medical concerns

72,000+ crisis  
assessments  
completed

63% Diverted  
from hospitalization



Person  
in Crisis



Statewide  
Crisis Line



Face to Face  
Assessments



Community-Based  
Resources

**TN** Department of  
**Mental Health &  
Substance Abuse Services**

Data from state fiscal year 2021

*For individuals not meeting commitment criteria*

**Less Restrictive Environment:**  
Better Option for Patient and Lower Cost Intervention

**Decreased Usage:**  
Inpatient Hospitalization, Jail, and Emergency Room

**Less-Restrictive Alternatives:**

- Crisis Respite Services
- Crisis Walk-In Services
- Crisis Stabilization Units
- Outpatient Community-Based Programs and Services

# 988 Suicide and Crisis Lifeline

Tennessee has led the way in preparation and post-launch success in the new national number for suicide prevention and mental health crisis.

Since go-live in mid-July, contracted community crisis centers have taken about **21,000** calls and **10,000** texts and chats.

Tennessee also has statewide coverage for texts through 988 and chat through **988lifeline.org**.

Tennessee has **7** Lifeline Call Centers with statewide coverage.

We also continue to have a Statewide Crisis Line (**855-CRISIS-1**) and individual provider crisis lines.



**Meeting the Need**  
Call volume spiked with **1,183** calls during launch week, but we're seeing about **800** calls per week on average now.

# Statewide Mobile Crisis Services

## HENRY COUNTY:

Crisis Walk-In Center and Crisis Stabilization Unit Coming Soon

## MONTGOMERY COUNTY:

Crisis Walk-In Center and Crisis Stabilization Unit Coming Soon

## DAVIDSON COUNTY:

- Middle Tennessee Mental Health Institute
- Crisis Walk-In Center
- Crisis Stabilization Unit
- Crisis Respite
- Medically-Monitored Detox (Buffalo Valley)

## PUTNAM COUNTY:

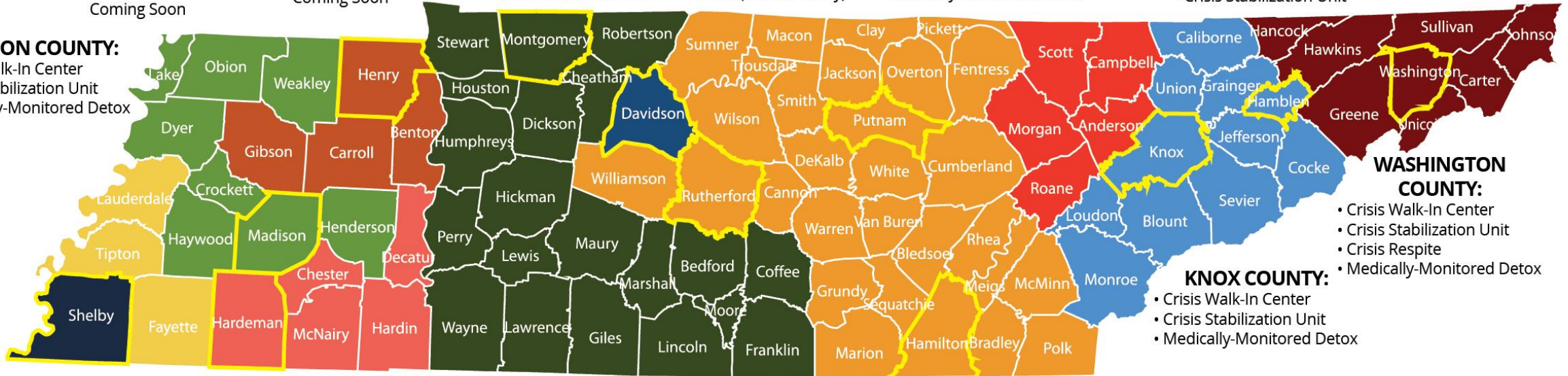
- Crisis Walk-In Center
- Crisis Stabilization Unit
- Crisis Respite
- Medically-Monitored Detox

## HAMBLEN COUNTY:

- Crisis Walk-In Center
- Crisis Stabilization Unit

## MADISON COUNTY:

- Crisis Walk-In Center
- Crisis Stabilization Unit
- Medically-Monitored Detox



## WASHINGTON COUNTY:

- Crisis Walk-In Center
- Crisis Stabilization Unit
- Crisis Respite
- Medically-Monitored Detox

## KNOX COUNTY:

- Crisis Walk-In Center
- Crisis Stabilization Unit
- Medically-Monitored Detox

## SHELBY COUNTY:

- Memphis Mental Health Institute
- Crisis Walk-In Center
- Crisis Stabilization Unit
- Crisis Respite
- Medically-Monitored Detox

## HARDEMAN COUNTY:

- Western Mental Health Institute

## RUTHERFORD COUNTY:

Crisis Walk-In Center and Crisis Stabilization Unit Coming Soon

## HAMILTON COUNTY:

- Moccasin Bend Mental Health Institute
- Crisis Walk-In Center
- Crisis Stabilization Unit
- Crisis Respite
- Medically-Monitored Detox (CADAS)

■ Alliance Healthcare Services

■ Professional Care Services

■ Pathways Behavioral Health Services

■ Quinco Mental Health

■ Carey Counseling Center

■ Centerstone

■ Mental Health Cooperative

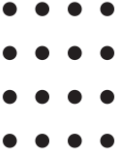
■ Volunteer Behavioral Health

■ McNabb Center

■ Ridgeview Behavioral Health Services

■ Frontier Health

# Behavioral Health Safety Net



Providing Essential Mental Health Services to about **40,000** Tennessee Adults Annually

## Changes in FY20

With new state funding from Governor Lee and the TN General Assembly, we expanded eligibility changing the income eligibility criteria from 100% to 138% Federal Poverty Level and lowering the age limit from 19 to 18.

## Most-Accessed Services

Case Management

Psychotherapy

Psychosocial Rehabilitation Services



# Behavioral Health Safety Net for Children



Providing Essential Mental Health Services to Uninsured or Underinsured Tennessee

Children Ages 3-17

## New Service Created in FY21

Gov. Lee and General Assembly invested \$7.6M in state funds

## Available Services

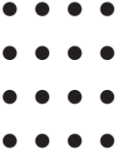
Evaluation, Individual Therapy, Group Therapy, Family Therapy, Case Management, Transportation, Family Support Services, Psychiatric Medication Management, And Pharmacy Assistance And Coordination



*Still image from Children's BHSN Media Campaign*



# Regional Mental Health Institutes



TDMHSAS operates four inpatient psychiatric hospitals which serve the highest-need patients who often have no means to pay or are committed involuntarily.

## Focusing on Acute Care

Our hospitals work on an acute care model that seeks to stabilize patients after admission and connect them with less-costly and less-restrictive community-based mental health services after discharge.

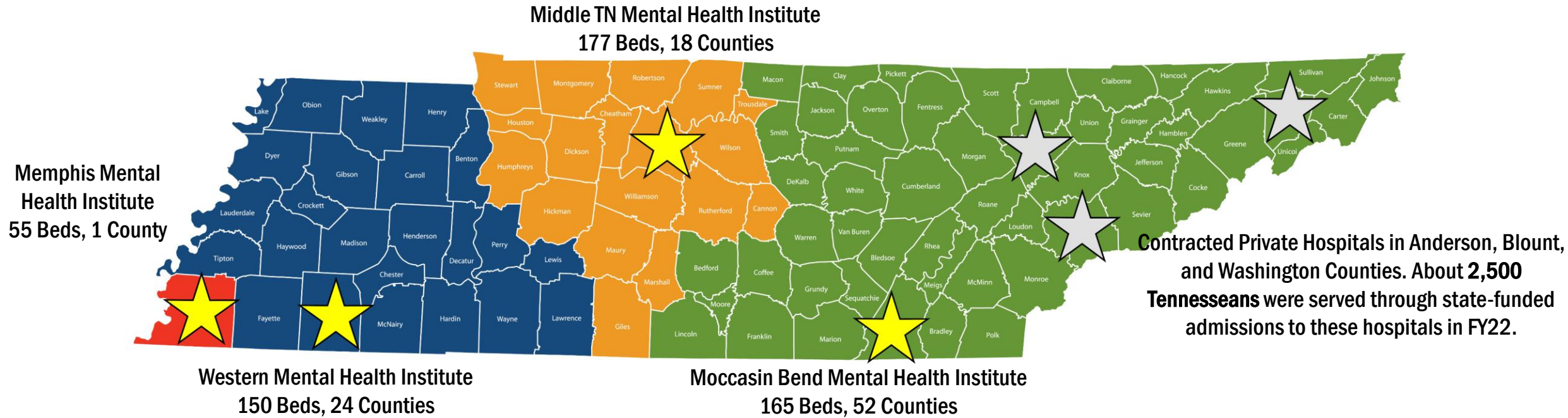
## Higher-Quality Outcomes

All four RMHIs are Joint Commission accredited, and compared to industry benchmarks, they have a **lower 30-day readmission rate and higher patient satisfaction rate.**




Middle Tennessee Mental Health Institute, Nashville

# Inpatient Psychiatric Hospital Capacity



## Key RMHI Statistics – FY22


  
**577**  
total inpatient beds

  
**430**  
average daily census

  
**84%**  
uninsured

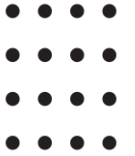
  
**6,680**  
admissions

  
**3,583**  
telehealth admissions

  
**6.7 day**  
average acute length of stay  
excluding forensic

# State Investments in Children's Mental Health

- TN Resiliency Project: **\$6,500,000** (FY22)
- Children's Behavioral Health Safety Net: **\$7,571,800** (FY21)
- School-Based Behavioral Health Liaison Expansion: **\$3,014,300** (FY21)
- Suicide Prevention and Mental Health Awareness (FY20)
  - TN Suicide Prevention Network Expansion: **\$625,000**
  - Youth/Young Adult Mental Health Awareness and Promotion: **\$500,000**



## **\$250 Million K-12 MH Trust Fund**

In FY22, Governor Lee and the TN General Assembly made a historic, generational investment by creating this trust fund.



## 2+ Decades of Success

More than **32,000** housing opportunities created and more than **\$992 Million** leveraged since 2000

## An Innovative Model

CHI uses initial state investment to leverage federal, local, community, foundational, etc. sources for people living with mental health challenges and co-occurring disorders.

## Expanding to New Populations

New recurring state investments totaling \$6.6M have expanded CHI 2.0 to addiction recovery (FY20) and CHI 3.0 reentry populations (FY22).



The CrossBRIDGE Connection Center in Nashville funded by CHI, Amazon, and city dollars.

# Creating Homes Initiative

The Creating Homes Initiative was started in 2000 by current Commissioner Marie Williams with support and leadership from then-Commissioner Elizabeth Rukeyser.



# Project Rural Recovery

Funded in March 2020 with a **5-year \$10 million SAMHSA grant**, Tennessee's Project Rural Recovery overcomes infrastructure challenges in 10 rural, underserved counties. In the first two years, PRR served nearly **1,700 clients in more than 3,000 visits**.

## Integrated Care

Project Rural Recovery serves the integrated physical and behavioral health needs of clients.

## Expanding through ARPA

Tennessee has dedicated **\$6.3M** in American Rescue Plan funding to expand to 10 additional counties.



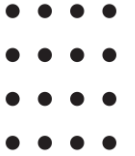
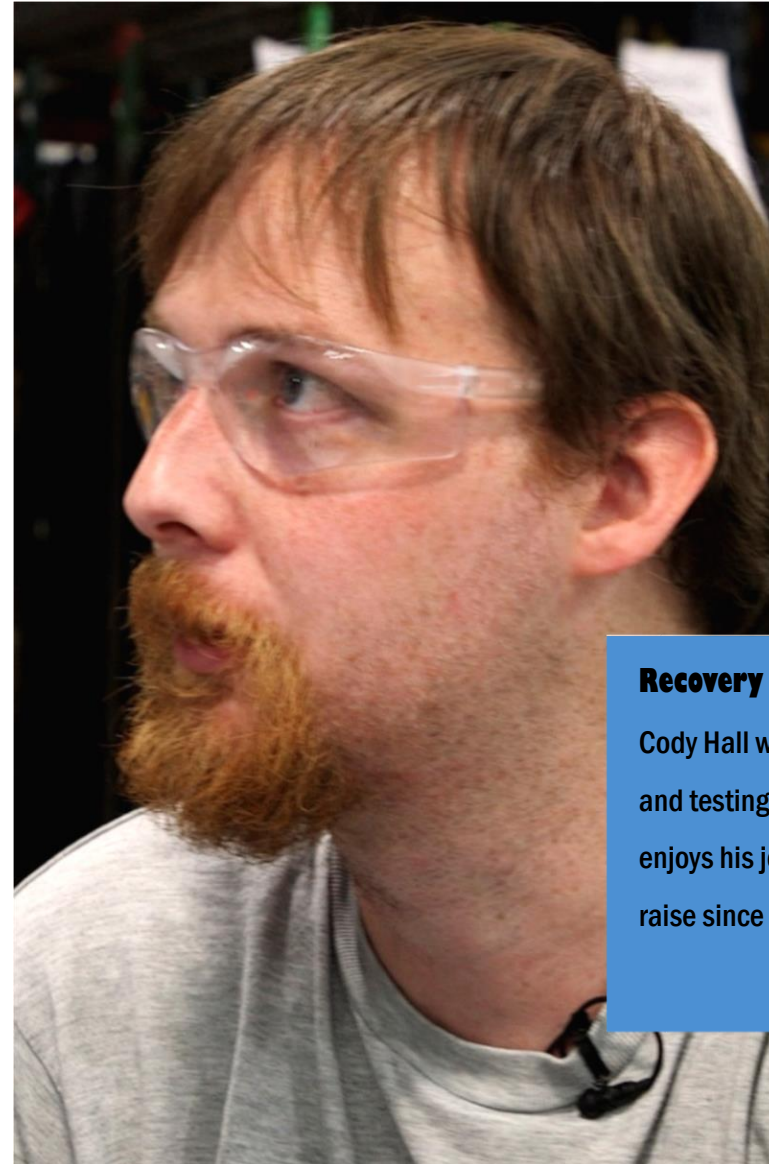
# IPS Supported Employment

## Evidence-Based Model

The evidence-based model of Individual Placement and Support (IPS) helps people get a job they want at about double the rate of standard supported employment.

## Growing and Growing...

With \$900,000 in new state funding and the corresponding match from Vocational Rehabilitation, we're going to nearly **double the reach of IPS** during FY23.



## Recovery through Employment

Cody Hall works in east Tennessee making and testing golf cart battery chargers. He enjoys his job and has earned a \$2/hour raise since we profiled him last August.



# Certified Peer Recovery Specialists

Tennessee has 15 years of experience certifying peers to use their lived experience to help others. We currently have more than **1,000 Certified Peer Recovery Specialists!** New this year, the department began a certification just for young adult peers ages 18-30.

## Certification Criteria

A CPRS has: lived experience, 2 years in recovery, a 40 hour training, 75 hours of supervised peer support, and personal and professional references

## Putting Peers to Work

Tennessee's CPRS work in peer support centers, crisis services, hospitals, community providers, insurance companies, and more.



Group photo at the 2019 CPRS Conference



# Faith-Based Initiative

As Lifeliners leveraged faith communities in their work, it naturally formed to focus on faith as a motivating bond for changing the lives of Tennesseans. We have 4 Faith-Based Community Coordinators – one for each grand division and one focusing exclusively on Shelby County.

## Certified Recovery Congregations

Tennessee's Faith-Based Initiative has certified **930+** congregations to view addiction and mental health as treatable conditions and offer support.

## A Resource for Education

Free trainings include topics on addiction and recovery, suicide prevention, mental health, adverse childhood experiences, and trauma-informed care.



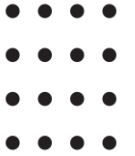
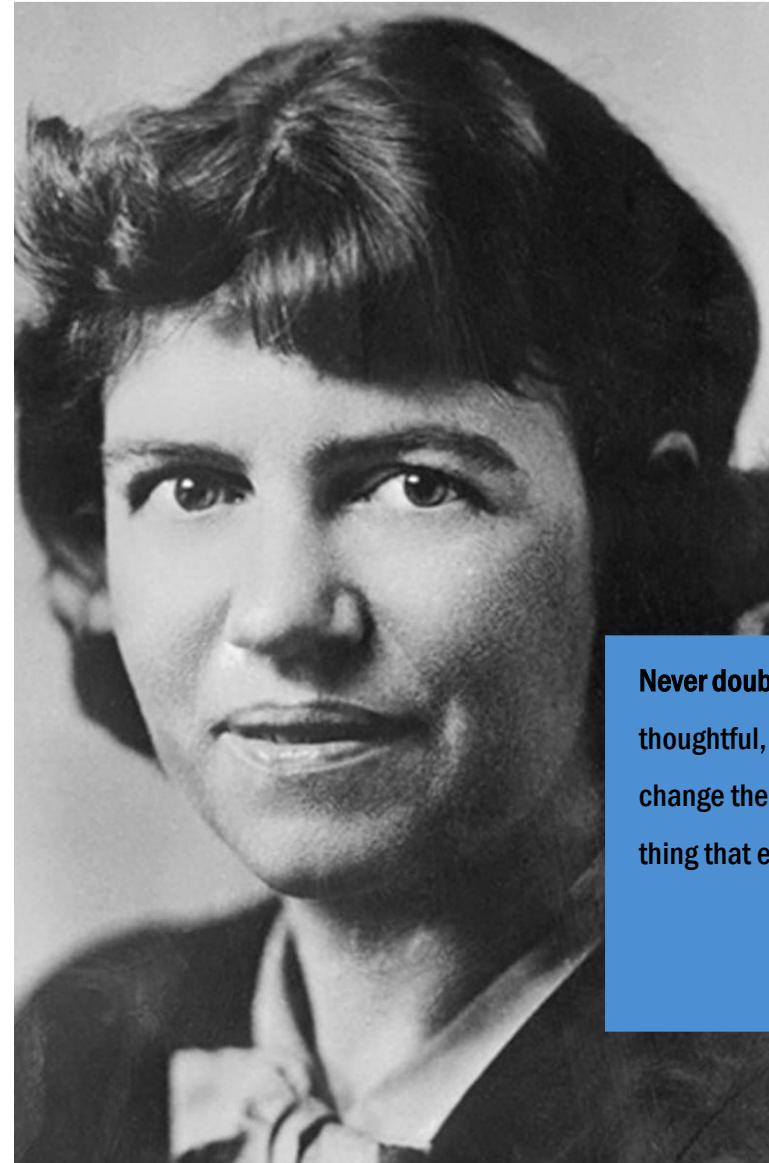


# Don't hesitate to reach out!

Matt Yancey

[Matt.Yancey@tn.gov](mailto:Matt.Yancey@tn.gov)

[TN.gov/behavioral-health](https://www.tn.gov/behavioral-health)



Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.

– Margaret Mead