SECTION 1

ESSENTIAL RESOURCES













Essential Resources

Tennessee Department of Health Traumatic Brain Injury (TBI) Program:

The TBI Program staff are available to respond to questions, make referrals and provide education and training. Initial contact with the TBI Program can be the first link in a chain of support for people with brain injury and their families.

Tennessee Traumatic Brain Injury Service Coordination Program:

There are eight Service Coordinators located in various non-profit agencies across the state. The Service Coordinator's role is to work with persons with brain injury and their family to assess current needs. Service Coordination services are provided free of charge. To learn more about service coordination please reach out to your local TBI Service Coordinator or call the TBI Hotline at 1-800-882-0611.

• Tennessee Virtual Traumatic Brain Injury Support Group: For more information about a TBI Support Group meeting in your area, call the TBI Program at 800-882-0611

Traumatic Brain Injury Services: <u>Directory and Resource Information</u> <u>Guide</u>, <u>the Tennessee Department of Health</u>:

The guide was designed to assist in locating programs, organizations, agencies, and services available across the state of Tennessee and the nation."

NOTE: that not all resources are in this guide. Also, check your local area for practitioners who work with people with TBI and/or check with your regional Service Coordinator (see resource above).

Brain Injury Association of Tennessee:

(BIA of TN) is committed to improving the quality of life of individuals, families, caregivers, and healthcare professionals impacted by brain injury by providing critical information, education, support, prevention, and advocacy through community-based, state, and national resources.

<u>Chattanooga Area Brain Injury Association of Tennessee:</u>

(CABIA) - CABIA is dedicated to providing the highest quality services in order to prevent and increase the awareness of brain injuries and to achieve optimal outcomes for brain injury survivors. Further, we are committed to advocating on behalf of brain injury survivors and their family members in order for them to achieve the highest quality of life.



Disability Rights Tennessee:

(DRT) is a nonprofit legal services organization that provides free legal advocacy services to protect the rights of Tennesseans with disabilities." They have limited areas of focus each year. See website to learn more.

Statewide Independent Living Council:

(SILC) The Statewide Independent Living Council of Tennessee's mission is to promote Independent Living philosophies, practices and values and expand IL services across the state.

Tennessee Disability Pathfinder:

Tennessee Disability Pathfinder ("Pathfinder") helps people with disabilities, their family members, educators, and other professionals find and access resources, support, and services available to meet their needs.

Service Coordination Contact Information

CHATTANOOGA

Chattanooga Area Brain Injury Association

Contact: Lisa Morgan (423) 602-7246 chattanoogabraininjury@gmail.com

MEMPHIS

Regional One Health

Contact: Carolyn Chambers (901) 545-8487 cchambers@regionalonehealth.org

NASHVILLE

Brain Injury Association of Tennessee

Contact: Angela Pearson (615) 955-0673 apearson.biat@gmail.com

SOUTH CENTRAL

Disability Rights Tennessee

Contact: Holland Camara (629) 702-7729 HollandC@disabilityrightstn.org

UPPER CUMBERLAND

Disability Rights Tennessee

Contact: Rick Hall (629) 702-7727 RickH@disabilityrightstn.org

KNOXVILLE

Patricia Neal Rehabilitation Center

Contact: Patty Cruze (865) 331-1499 PCruze@CovHlth.com

JACKSON AREA

West Tennessee Rehabilitation Center

Contact: Iimmie Lee Morris (731) 541-4941 Jimmie.Morris@WTH.org

JOHNSON CITY AREA Crumely House

Contact: Fredda Roberts (423) 257-3644 x 6 fredda@crumleyhouse.com



Family Health & Wellness, 8th floor, AJT Traumatic Brain Injury Program Tennessee Department of Health

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*Please note that service coordinators do not have access to your medical information.

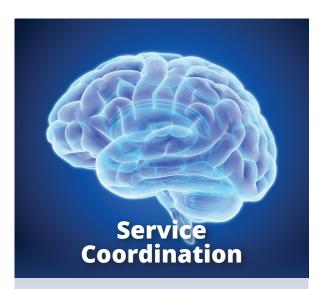
Tennessee Traumatic Brain Injury

Service Coordination **Program**

Assisting people with brain injuries, their families and professionals



Tennessee Department of Health Traumatic Brain Injury Program 1-800-882-0611



What is Service Coordination?

The service coordinator's role is to work with people with brain injury and their families to assess needs and coordinate resources and services within the community. Service coordinators have a clear understanding of brain injury and are knowledgeable of the resources available in their community. The service coordinator:

- develops a comprehensive plan of care;
- provides referrals to available resources;
- coordinates services for individual client advocacy; and
- bridges gaps in the service delivery system.

Professionals can receive technical assistance, resource information and education to better understand the unique needs of people with brain injuries.

Service coordination is provided **free of charge.**

Why is Service Coordination Needed?

Traumatic brain injury, or TBI is a major cause of death and disability in the United States each year.

- Approximately 2.87 million TBIrelated emergency department visits, hospitalizations and deaths occur each year.
- An average of 155 people in the United States die each day from injuries that include a TBI.
- Approximately 5.3 million Americans live with a TBI-related disability.
- Each year approximately 6,000
 Tennesseans are hospitalized with a TBI.

Whether a brain injury is mild, moderate or severe, the effects can include a variety of cognitive, behavioral and emotional complications.

Those who survive a TBI can face effects that last a few days or a lifetime. The return home from a hospital or rehabilitation facility can result in a host of new challenges. Getting back to work or school, locating housing, securing transportation or even engaging in social activities may be difficult. Service coordinators collaborate and coordinate with available resources and services within the community and help to build a practical, community-oriented plan for a productive and independent life.





Scope of Services

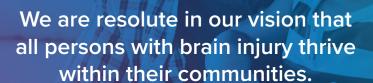
All traumatic brain injury service coordinators provide the following services:

- offer information and education on traumatic brain injury;
- · locate community-based resources;
- · refer clients to qualified services;
- assist clients in applying for and accessing services;
- advocate in the area of individual/client rights and benefits;
- develop support groups; and
- assist or consult in the development of new programs and services.

Service Coordination Goal

The goal of service coordination is to improve the quality of life for people with brain injury and their families.





Support

We connect brain injured individuals and their caregivers to available support resources in their community.

Information

Brain injury requires specialized care and individual services. We provide crucial information for informed decisions.

Prevention

Brain injury is often preventable. We provide education and opportunities to advocate for change.

Sustainability

We are committed to supporting the Tennessee brain injury population by accessing grants and donor development.





BrainInjuryTenn.org

(629) 246-5884

THE VOICE OF

Help, Hope and Healing

Brain injury is not an event or an outcome. It is the start of a misdiagnosed, misunderstood, under-funded neurological disease.



Service Coordinators

The journey of brain injury is life-altering. Tennessee TBI Service Coordinators can help find the resources for support you may need when returning to your community.



Navigate and referrals to available resources



Facilitate support groups



Coordination of services



Individual advocacy

This service is offered free of charge.



To connect with a Service Coordinator scan the QR code or visit BrainInjuryTenn.org





Memphis Area

Jackson Area

Carolyn Chambers

Jimmie Lee Morris



Regional One Health

West Tennessee

Nashville Area

Angela Pearson



Murfreesboro Area

Holland Camara



Upper Cumberland Area

Rick Hall



Chattanooga Area

Lisa Morgan



Knoxville Area

Patty Cruze



Johnson City Area

Fredda Roberts



Thank You!

We're here to help.

Our mission is to bring together professionals to recognize the farreaching and unique nature of brain injury and to improve services for survivors. If we can help you, please feel free to reach out!



Contact us:

tbi@tndisability.org

Check out our website:

www.tndisability.org/brain

Follow us on social media:

















