



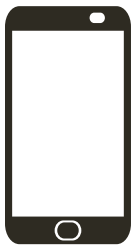
Get a free 30-day subscription for a Life in Videos App & record your advocacy message

The Arc Tennessee is giving away FREE subscriptions to the Life in Videos app to individuals and organizations participating in Disability Day on the Hill 2022. Follow the steps below to redeem your free subscription, record an advocacy video, then send us the link. We'll send it to your legislators.



Request your free subscription

Scan the QR code or visit www.thearcctn.org/news/ddh/ and fill out the video app request form. We will email you a link to download the app for free.



Download the App to your phone or tablet

Click on the free download link using a smart phone or tablet (the app cannot be downloaded to a computer or laptop). Make sure your smartphone or tablet has had all recent updates.



Follow the instructions on the back of this flyer

We have step-by-step instructions on how to record your video, save it, and send it to us! The Arc TN & Tennessee Disability Coalition will be sure it gets to the right legislators!



Videos not your thing?

Call the **TN Disability Coalition Share a Story Line** at (615) 808-8683, to share a recorded phone message!





Instructions for using the LiV app for DDH 2022

1. Once you've downloaded the Life in Videos app, click **START STORY**.
2. Select the **BE AN ADVOCATE** theme.
3. Review the five questions & think about your answer. You'll record each answer individually.
4. When you're ready to record, click **START STORY**.
5. Click the red **RECORD BUTTON** to start recording your answer to the question displayed.
6. Click the **RECORD BUTTON** again to stop recording.
7. Click **ACCEPT** to save your recording and move on to the next question. Click **DISCARD** if you want to record again.
8. Repeat steps 5 & 6 until you have recorded an answer to all five questions.
9. Once you have finished recording, click **COMPILE**. This may take a few minutes. Be sure to leave the app open. It will notify you when the video has been uploaded successfully.
10. Click **MAKE THIS STORY PRIVATE**.
11. Assign a password.
12. **Email** the video link and password to volunteer@thearctn.org
13. We'll send you a confirmation email & consent form. Please sign the consent form so we can share your video with legislators.

